If you'd like, remove this logo and add your own. Just click it and press "delete" on your keyboard. You can also add your logo in the left corner and keep ours in the right corner. (You can change the URL, too.)

Finished?

Go to File > Print Settings and Preview. Click "Download as PDF."

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QR Code

This code will lead to a video version of this fact sheet. Most smartphone cameras have in-built QR code scanners. Simply take a picture of the code and click the link that will appear on your device.

If you'd like to remove it, simply click it and press "delete" on your keyboard.

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**GUMANA KWIRINDA NYUMA YO GU kingirwa.**

Abahanga ntibazi igihe urukingo rushobora kumara rukurinda COVID-19 cyangwa se nimba ushobora kuba wakomeza gukwirakwiza COVID-19 nyuma yo gukingirwa. Nubwo waba wararangije inkingo komeza:

* Wambare agapfukamunwa.
* Irinde kugwerana n’abandi.
* Irinde kujya ahantu hateraniye abantu benshi.
* Karaba intoki kenshi.
* Hanagura ahantu hakunze gukorwa cyane

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**Nubwo waba wararangije inkingo zose, isuzumishe COVID 19 nimba:**

Nimba warabaye hafi *y’umuntu ufite COVID-19 kandi ukumva utangiye kurwara.* Guma mu rugo kandi ntiwegere abandi.