



Office for New Americans



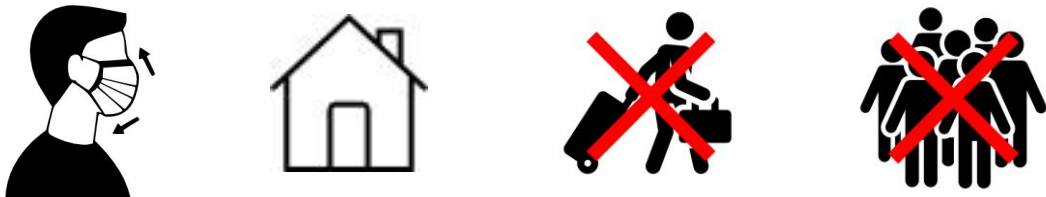
# တၢ်ဂ့ၢ်တၢ်ကျိၤအရ့ၣ်ဒိၣ်ဘၣ်ထွဲဒီး နယူယီး(NEW YORK)"တၢ်က့ၤအိၣ်ထီၣ်အသး"

## COVID-19မ့ၢ်ဒီးတၢ်ဆါတမံၤလၢလီၤဘၣ်ယိၣ်လီၤ.

### အိၣ်ဒီးတၢ်ဟံၣ်ကဲယူးယိၣ်. ကးဘၢမဲၢ်လၢတၢ်ကးမဲၢ်(mask)တက့ၢ်.

ဒ်နယူယီးကီၢ်စဲၣ်က့ၤအိၣ်ထီၣ်သးလၢတၢ်ဖံးတၢ်မၤတဖၣ်အဂီၢ်အသိး, တၢ်ဟံၣ်ပနီၣ်တြီဃာ်တၢ်တဖၣ်အိၣ်ဒီးဝဲန့ၣ်လီၤ.

- ကးဘၢမဲၢ်လၢတၢ်ကးမဲၢ်ဖဲကမ့ၢ်အတၢ်လီၢ်တဖၣ်န့ၣ်တက့ၢ်.
- အိၣ်လၢဟံၣ်ပူၤတသ့ဖဲအသ့န့ၣ်တက့ၢ်.
- ဟးဆဲးတၢ်ဘၣ်ထွဲဘူးဘူးတၢ်တံၢ်ဒီးပုၤပုၤပုၤလၢနဟံၣ်အချၢတက့ၢ်.
  - အိၣ်ဖိၣ်သကိးအါအါဂီၢ်ဂီၢ်တဂ့ၤ (မၤတၢ်သ့ၣ်ဖံးသးညီအမူးတဂ့ၤ, လဲၤလၢတၢ်ဘျီတၢ်ဘါအလီၢ်နီတဂ့ၤ, အိၣ်ဖိၣ်သကိးလၢပုၤတဝၢပုၤတဂ့ၤ, ဂဲၤလိာ်ကွဲးစံးဘီ, ဖျၢၣ်ထူ, မ့တမ့ၢ်တၢ်ဂဲၤလိာ်ကွဲးလၢတၢ်ဂဲၤအီၤဒ်ကရူၢ်န့ၣ်တဂ့ၤ)
- သ့နစုဒီးဆးပုၣ်ဒီးထံခဲအံၤခဲအံၤတက့ၢ်.
- တဘၣ်ဟးထီၣ်လၢပလီၢ်ကဝီၤအချၢဒီးတၢ်လဲၤတၢ်က့ၤလၢအတလိၣ်ဘၣ်တဂ့ၤ.



နအိၣ်ဒီးမူဒါလၢအရ့ၣ်ဒိၣ်တမံၤလၢကမၤစၢၤဒီးသဒါပုၤတဝၢန့ၣ်လီၤ.

နမ့ၢ်တလူၤဟံၣ်မၤထွဲတၢ်သိၣ်တၢ်သီတဖၣ်အံၤန့ၣ် နတအိၣ်ဒီးတၢ်ယူးယိၣ်ဟံၣ်ကဲဆူၣ်ချ့ပုၤမၤတၢ်ဖိတဖၣ်လၢတၢ်မဲၢ်ညါ ဒီးဂ့ၢ်ဂီၢ်အူပုၤမၤတၢ်အဂၢၤတဖၣ်ဘၣ်န့ၣ်လီၤ.

တၢ်အံၤမ့ၢ်ပမူဒါလၢအဘၣ်ထွဲဒီးဒုၣ်ဖိထၢဖိန့ၣ်လီၤ ပမ့ၢ်မၤတၢ်လၢပကြၢးမၤအခဲအံၤန့ၣ် ပမၤကတၢ် COVID-19 တၢ်ဆါဃာ်လၢကဟဲက့ၤကဒါက့ၤသ့ဝဲန့ၣ်လီၤ.



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## IMPORTANT INFORMATION ABOUT NEW YORK “RE-OPENING”

COVID-19 IS STILL A SERIOUS ILLNESS

SHOW RESPECT. WEAR A MASK.

As New York State reopens for businesses, restrictions are still in place:

- Wear a mask in public spaces
- Continue to stay home as much as possible
- Continue to avoid close contact with people outside your home
  - No large groups (No parties, no-in person religious services, no community gatherings, basketball, soccer, or other team sports)
- Continue to wash your hands often with soap and water
- No unnecessary travel outside of our region



**YOU HAVE AN IMPORTANT RESPONSIBILITY TO HELP PROTECT THE COMMUNITY.**

If you do not follow these rules you are disrespecting “frontline” healthcare workers and other emergency workers.

This is our social responsibility. If we do what we need to now we can stop the COVID-19 virus from coming back.

**Remember: We’re in this together. Stay Home.  
Stop The Spread. Save Lives.**